



ARRIVE ALIVE

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Road safety for members

During December many golfers will embark on a challenging course "the South African road". This course claims 30 lives and more than a hundred serious injuries daily. It is therefore important to analyze statistics, historical information and determine which tips could help us to arrive alive at our destinations.



- (1) Obey the rules of the road and carry your drivers license with you.



Planning your journey / Checking your vehicle

- (2) Plan the route to your holiday destination and give yourself enough time to reach your destination
- (3) Make sure that your vehicle is in a roadworthy condition before departure. All lights and indicators, windscreen wipers, brakes, steering, shocks, exhaust system and tyres should be carefully examined for faults.
- (4) Do not overload.
- (5) Try to avoid driving after dark if possible.



Drowsiness

- (6) Have a good rest before you embark on your journey
- (7) Take safety breaks every 2 hours or 200km



Intoxication and pedestrians

- (8) Do not drink and drive
- (9) Try to recognize potentially dangerous drivers on and pedestrians alongside the road and keep well clear of them



Visibility

- (10) Be visible – drive with your lights on
- (11) Headlights should be dipped well before an approaching vehicle is within range of the main beam.



Seatbelt safety

- (12) Always wear your seat belt and ensure that everyone in the car is wearing theirs.

Speeding and attitude



- (13) Drive defensively
- (14) Stay within the speed limit at all times
- (15) Only overtake when it is absolutely safe to do so
- (16) Maintain at least a 2 second following distance - this distance should be increased at night, in foggy or rainy conditions and when the road is wet.

Road rage and aggressive driving



- (17) Expect others not to be as obedient to the law as yourself
- (18) Be courteous towards fellow road users, keep your temper and resist the temptation to retaliate

*"Man blames fate for other accidents but feels personally responsible for a hole in one".
~Martha Beckman*

Information provided by the developers of the web site arrivealive.co.za – a web site made possible by Outsurance, Digicore, Volkswagen and Clear Vision Optometrists.